

Varitational Principles

Notes by Finley Cooper

14th October 2025

Contents

| | | |
|----------|--|----------|
| 1 | Calculus on \mathbb{R}^n | 3 |
| 1.1 | Stationary points | 3 |
| 1.2 | Convex functions | 4 |
| 1.3 | First order conditions | 5 |
| 1.4 | Second order conditions | 6 |
| 2 | Legendre Transform | 6 |

1 Calculus on \mathbb{R}^n

Consider $f : \mathbb{R}^n \rightarrow \mathbb{R}$. We'll write (x_1, x_2, \dots, x_n) as \mathbf{x} . Assume f is sufficiently differentiable (at least in C^2).

1.1 Stationary points

Definition. (Stationary point) A point $\mathbf{a} \in \mathbb{R}^n$ is a *stationary point* of f if and only if $(\nabla f)(\mathbf{a}) = 0$

Taylor expand about such an \mathbf{a} :

$$f(\mathbf{x}) = f(\mathbf{a}) + \sum_{i=1}^n (x_i - a_i)(\nabla_i f)(\mathbf{a}) + \frac{1}{2} \sum_{i,j} (x_i - a_i)(x_j - a_j) H_{ij}(\mathbf{a}) + O(|\mathbf{x} - \mathbf{a}|^3).$$

Since \mathbf{a} is stationary point, the linear term is zero, hence the behaviour of f around \mathbf{a} is determined by the Hessian.

$$H_{ij} = \frac{\partial^2 f}{\partial x_i \partial x_j} = H_{ji}$$

We can assume *wlog* that $\mathbf{a} = 0$ by a translation, so

$$f(\mathbf{x}) - f(\mathbf{a}) = \frac{1}{2} x_i H_{ij} x_j + O(|\mathbf{x}|^3).$$

Since H_{ij} is symmetric, we can diagonalise H by a rotation matrix so $x_i = R_{ij} x'_j$ we choose R so that $H' = R^H R = \text{diag}(\lambda_1, \lambda_2, \dots, \lambda_n)$. Since H is symmetric, $\lambda_i \in \mathbb{R}$ for all i . So the series becomes

$$f(\mathbf{x}) - f(\mathbf{a}) = \frac{1}{2} \sum_{i=1}^n \lambda_i (x'_i)^2 + O(|\mathbf{x}|^3).$$

If $\lambda_i > 0$ for all i then $f(\mathbf{x}) > f(\mathbf{a})$ for small enough \mathbf{x} so we get a local minimum.

If $\lambda_i < 0$ for all i then $f(\mathbf{x}) < f(\mathbf{a})$ for small enough \mathbf{x} so we get a local maximum.

Otherwise if all non-zero we get a saddle point, and if some are zero then we get a degenerate stationary point, so we need to look at the next term in the Taylor expansion to describe the behaviour at the point.

If we're working in \mathbb{R}^2 we can work with determinates and traces since $\det H = \lambda_1 \lambda_2$ and $\text{tr}(H) = \lambda_1 + \lambda_2$ so

(i) If $\det H > 0$, $\text{tr} H > 0 \implies$ local minimum.

(ii) If $\det H > 0$, $\text{tr} H < 0 \implies$ local maximum.

(iii) If $\det < 0$ we get a saddle point.

(iv) If $\det = 0$ we're in the degenerate case.

Remark. A local minimum is not a global minimum. There might be some other stationary point which is the global minimum, the minimum may also occur on the boundary of the domain or the function might be unbounded from below in the domain and not achieve a global minimum. We can make the same statements for maximums.

Let's see an example with the function $f(x, y) = x^3 + y^3 - 3xy$.

$$\nabla f = (3x^2 - 3y, 3y^2 - 3x)$$

So $\nabla f = 0 \iff x^2 = y$ and $y^2 = x$. This gives the solutions $(0, 0), (1, 1)$ only.

$$H = \begin{pmatrix} 6x & -3 \\ -3 & 6y \end{pmatrix}$$

So

$$\det H = 9(4xy - 1) \text{ and } \operatorname{tr} H = 6(x + y).$$

Hence our point $(1, 1)$ is a local minimum and the point $(0, 0)$ is a saddle point.

We can work out the eigenvectors of the point $(0, 0)$ which are

$$\begin{aligned} \lambda_1 = -3 \quad e_1 &= \begin{pmatrix} 1 \\ 1 \end{pmatrix} \\ \lambda_2 = 3 \quad e_2 &= \begin{pmatrix} 1 \\ -1 \end{pmatrix} \end{aligned}$$

So it is a maximum along the line $y = x$ and a minimum along the line $y = -x$.

For this example there does not exist a global minimum or maximum since f increases/decreases without bound on the domain.

1.2 Convex functions

Definition. (Convex set) A set S is *convex* if and only if $\forall x, y \in S$ and $\forall t \in (0, 1)$ we have that $(1 - t)x + ty \in S$.

Now we'll define convexity for functions. Let f be a function domain with domain $D(f) \subseteq \mathbb{R}^n$. The graph of f is the surface $z = f(\mathbf{x})$ in \mathbb{R}^{n+1} with coordinates (\mathbf{x}, z) . A chord of f is a line section joining two points of its graph.

Definition. (Convex function) A function $f : S \rightarrow \mathbb{R}$ is convex if

- (i) S is a convex set
- (ii) The graph of f lies below on or below all of its chords i.e we have that

$$f((1 - t)\mathbf{x} + t\mathbf{y}) \leq (1 - t)f(\mathbf{x}) + tf(\mathbf{y})$$

for all $t \in (0, 1)$ and for all $\mathbf{x}, \mathbf{y} \in S$.

We say that f is *strictly convex* if the condition in (ii) is strict when $\mathbf{x} \neq \mathbf{y}$.

Remark. See that we require the property (i) to exist for property (ii) to be well-defined.

For strict convexity we replace the \leq sign with the $<$ sign.

Lemma. f is strictly concave if and only if f is strictly convex.

Proof. Trivial. □

1.3 First order conditions

Theorem. If f is differentiable f on a convex domain $D(f)$, then f is convex if and only if

$$f(\mathbf{y}) \geq f(\mathbf{x}) + (\mathbf{y} - \mathbf{x}) \cdot \nabla f(\mathbf{x}).$$

If f is convex and differentiable then any stationary point is a global minimum.

Remark. We have similiar statements for concave functions and global maximums.

Proof. (Of the corollary) If \mathbf{a} is a stationary point, then $\nabla \mathbf{a} = 0$ so taking $\mathbf{x} = \mathbf{a}$ in the theorem we get that

$$f(\mathbf{y}) \geq f(\mathbf{x}) \quad \forall \mathbf{y} \in D(f)$$

hence \mathbf{x} is a global minimum □

Proof. (Of the theorem) Let's first show the forward direction and let

$$h(t) = (1-t)f(\mathbf{x}) + tf(\mathbf{y}) - f((1-t)\mathbf{x} + t\mathbf{y}).$$

Since f is differentiable we can take the derivative with respect to t . This gives that

$$h'(0) = -f(\mathbf{x}) + f(\mathbf{y}) - (\mathbf{y} - \mathbf{x}) \cdot \nabla f(\mathbf{x}).$$

Now consider

$$h'(0) = \lim_{t \rightarrow 0} \frac{h(t) - h(0)}{t} = \lim_{t \rightarrow 0} \frac{h(t)}{t}$$

and from our assumptions we have that $h(t)$ is positive in $(0, 1)$ so $h'(0) \geq 0$ so we have the statement in our theorem.

For the converse, we have that

$$\begin{aligned} f(\mathbf{x}) &\geq f(\mathbf{z}) + (\mathbf{x} - \mathbf{z}) \cdot \nabla f(\mathbf{z}) \\ f(\mathbf{y}) &\geq f(\mathbf{z}) + (\mathbf{y} - \mathbf{z}) \cdot \nabla f(\mathbf{z}) \end{aligned}$$

which gives that

$$(1-t)f(\mathbf{x}) + tf(\mathbf{y}) \geq f(\mathbf{z}) + [(1-t)\mathbf{x} + t\mathbf{y} - \mathbf{z}] \cdot \nabla f(\mathbf{z})$$

Now if we choose

$$\mathbf{z} = (1-t)\mathbf{x} + t\mathbf{y}$$

we get the required result, which completes the proof. □

We also have an alternative first order condition which is equivalent.

Claim. The previous theorem is also equivalent to the inequality

$$(\mathbf{y} - \mathbf{x}) \cdot [\nabla f(\mathbf{y}) - \nabla f(\mathbf{x})] \geq 0 \quad \forall \mathbf{x}, \mathbf{y} \in D(f).$$

For $n = 1$ the claim says that $(y - x)(f'(y) - f'(x))$ which implies that $f'(y) \geq f'(x)$ for $y > x$ i.e. that $f'(x)$ is increasing on the domain.

Proof. Assuming that $f(\mathbf{y}) \geq f(\mathbf{x}) + (\mathbf{y} - \mathbf{x}) \cdot \nabla f(\mathbf{x})$ and the same equation formed by replacing $y \rightarrow x$ and $x \rightarrow y$ and adding the two equations we exactly get the equation required. For the converse assume our claim. Now define $\mathbf{z} = (1 - t)\mathbf{x} + t\mathbf{y}$.

$$\begin{aligned} f(\mathbf{y}) - f(\mathbf{x}) &= [f(\mathbf{z})]_{t=0}^{t=1} = \int_0^1 dt \frac{d}{dt} f(\mathbf{z}) \\ &= \int_0^1 dt (\mathbf{y} - \mathbf{x}) \cdot \nabla f(\mathbf{z}) \\ f(\mathbf{y}) - f(\mathbf{x}) - (\mathbf{y} - \mathbf{x}) \cdot \nabla f(\mathbf{x}) &= \int_0^1 dt \{(\mathbf{y} - \mathbf{x}) \cdot [\nabla f(\mathbf{z}) - \nabla f(\mathbf{x})]\} \end{aligned}$$

Replacing $\mathbf{y} \rightarrow \mathbf{z}$ and using our claim, we see that the integrand is positive hence the LHS ≥ 0 so we've proved our claim. \square

1.4 Second order conditions

Claim. If $f \in C^2$ then the first order conditions are equivalent to all the eigenvalues of the Hessian matrix being non-negative $\forall \mathbf{x} \in D(f)$.

Proof. Let's assume the first order conditions, replacing $\mathbf{y} = \mathbf{x} + \mathbf{h}$ so we get that

$$\mathbf{h} \cdot [\nabla f(\mathbf{x} + \mathbf{h}) - \nabla f(\mathbf{x})] \geq 0.$$

Taylor expanding we get that

$$\nabla_i f(\mathbf{x} + \mathbf{h}) = \nabla_i f(\mathbf{x}) + h_j H_{ij}(\mathbf{x}) + o(h^2)$$

therefore

$$h_i h_j H_{ij} + o(h^3) \geq 0$$

If $H(\mathbf{x})$ had a negative eigenvalue λ with eigenvector \mathbf{e} set $\mathbf{h} = h\mathbf{e}$.

$$\implies \lambda h^2 \mathbf{e}^2 + o(h^3) \geq 0$$

but the LHS is less than 0 for small enough h contradiction.

Now for the converse assume that $n = 1$. So $H(x) = f''(x)$. Hence we have that $f''(x) \geq 0$ for all x .

$$\begin{aligned} 0 &\geq \text{sgn}(y - x) \int_x^y f''(z) dz \\ &= \text{sgn}(y - x) (f'(y) - f'(x)) \\ &= (y - x) (f'(y) - f'(x)) \end{aligned}$$

which is the first order condition. Hence we've proved both directions. \square

2 Legendre Transform

Definition. (Legendre transform) The *Legendre transform* of a function $f : D(f) \rightarrow \mathbb{R}$ is defined as

$$f^*(\mathbf{p}) = \sup_{\mathbf{x}} [\mathbf{p} \cdot \mathbf{x} - f(\mathbf{x})]$$

with the domain of f^* being the subset of \mathbb{R}^n where the supremum exists.

Claim. f^* is convex.

Proof. Let $\mathbf{p}, \mathbf{q} \in D(f^*)$ and take $t \in (0, 1)$. Then we need to show that

$$\begin{aligned} \sup \{[(1-t)\mathbf{p} + t\mathbf{q}] \cdot \mathbf{x} - f(\mathbf{x})\} &= \sup \{(1-t)[\mathbf{p} \cdot \mathbf{x} - f(\mathbf{x})] + t[\mathbf{q} \cdot \mathbf{x} - f(\mathbf{x})]\} \\ &\leq (1-t) \sup [\mathbf{p} \cdot \mathbf{x} - f(\mathbf{x})] + t \sup [\mathbf{q} \cdot \mathbf{x} - f(\mathbf{x})] \end{aligned}$$

So RHS finite \implies LHS finite $\implies (1-t)\mathbf{p} + t\mathbf{q} \in D(f^*)$. Hence we have that $D(f^*)$ convex and $f^*((1-t)\mathbf{p} + t\mathbf{q}) \leq (1-t)f^*(\mathbf{p}) + tf^*(\mathbf{q})$ \square

Claim. If f is a convex function, then $F_{\mathbf{p}}(\mathbf{x}) = f(\mathbf{x}) - \mathbf{p} \cdot \mathbf{x}$ is also convex

Proof. Exercise.

Corollary. If f convex and differentiable then any stationary point of $\mathbf{p} \cdot \mathbf{x} - f(\mathbf{x})$ is a global maximum occurring at $\mathbf{x}(\mathbf{p})$ found by solving $\nabla f(\mathbf{x}) = \mathbf{p}$.

Legendre transform of f is then $f^*(\mathbf{p}) = \mathbf{p} \cdot \mathbf{x}(\mathbf{p}) - f(\mathbf{x}(\mathbf{p}))$